

Year 2021-2022

ACTIVITY

Project Name : Disha cum Vikas day care center.

Project Area : Village - Kunihar.

No. of Beneficiaries: 29

No. of beneficiaries funded: 10

Funding Agency : National Trust under Min. of Social Justice & Empowerment
Govt.Of India.

This activity was initiated in the year 2016 for those CWSN's who belong to nearby villages and can come to the educational center along with their parents _as it becomes more convenient to pay individual attention along with some kind of group activity. Our special educators are prompted to prepare their own teaching learning material. Sizes of the models are kept big for easy discrimination; readymade models are purchased for difficult models. Other writing material is given to the children for home exercises. Ten to fifteen children (age group above 10 years and above along with their parents gather at our day care and perform the following activities. Main objective of this program is to train children above ten years of age in vocational and skill attainment for their livelihood, employment, adjustment in society and to fulfill their therapeutic need. This year we have to restrict this activity.



Home visits during covid pandemic by spl. Educators and care givers.

Modifications in the activities due to covid -19 pandemic:

Our spl .educators helping in academic and other activities with the help of demonstration by teaching learning material through their parents /guardians , whats-app group has created for children, we give assignments in group according their ability, guardians help them in completion of assignment, then parents /guardians upload these activities on group, our spl. Educators and our whole NGO team check these activities and give appreciation and further direction for improvement. Due to covid -19 spread we are not in position to call the children in centre, but we are visiting child home, following all precautions, suggested by administration time to time. We are trying to bridge the gap, arising due to regular physical absence of child. In situation, where the cases of covid -19 in particular village are existing, we are avoiding, our home visits, in that particular village until zero cases. We are also conducting Google- meet for parents counseling and physiotherapy. We are providing free medicine to the needy children, those who are on regular medicine.

Special Camps organized for covid -19 vaccinations: our NGO with the Deptt. Of health govt. of Himachal Pradesh organized two camps for first and second dose for persons with disability especially belonging to the categories from MR, CP, multiple disability and autism etc. in our day care centre. We informed the people through multiple media about the camps and then arrange each thing for the successful organization.



Team of Doctors and paramedical staff along with our NGO staff in our day care centre.

कुनिहार में दिव्यांग आज वैक्सीन लगाएं, मास्क-सैनिटाइजर भी पाएं
कुनिहार, 16 जून (रंजीत ठाकुर):
 आज वीरवार 17 जून को सिविल अस्पताल कुनिहार में दिव्यांग लोगों को कोरोना वैक्सीन लगाई जाएगी। गणपति एजुकेशन सोसायटी के समन्वयक रोशन लाल शर्मा व हैल्थ सुपरवाइजर कुष्ण चंद वर्मा ने कुनिहार के आसपास सभी पंचायतों के दिव्यांग लोगों को इस स्पेशल कैम्प में वैक्सीनेशन का लाभ उठाने की अपील की है। उन्होंने बताया कि 18 साल से ऊपर के हर दिव्यांग को अपने साथ आधार कार्ड, दिव्यांग प्रमाण पत्र या यूडीआईडी साथ लानी होगी। रोशन लाल शर्मा ने बताया कि सोसायटी की ओर से हर दिव्यांग को मास्क व सैनिटाइजर वितरित किए जाएंगे व इनके जलपान की व्यवस्था भी सोसायटी की तरफ से की जाएगी।

27 दिव्यांगों का हुआ टीकाकरण

अर्को, 17 जून (सुरेंद्र): वीरवार को दिव्यांगों के लिए सिविल अस्पताल विशेष टीकाकरण अभियान चलाया गया। स्वास्थ्य पर्यवेक्षक चमन लाल शर्मा ने बताया कि कुल 27



दिव्यांगों को वैक्सीन लगाई गई। उधर, गणपति एजुकेशन सोसायटी कुनिहार में भी विशेष शिविर

लगाया गया। सोसायटी के समन्वयक रोशन लाल शर्मा ने बताया कि इस शिविर में 20 पंचायतों के दिव्यांगों की रजिस्ट्रेशन की गई तथा इन्हें वैक्सीन लगाई गई। दिव्यांगों को मास्क व सैनिटाइजर भी दिए गए। इस अवसर पर स्वास्थ्य विभाग की ओर से कुष्ण चंद वर्मा, रमा शर्मा, कविता, पप्पी, देवकी व मुकेश मौजूद रहे।

News clippings related to vaccination camp in our centre.

Parents meetings in virtual mode: keeping in view of pandemic situations, we conducted multiple parents meetings, so that each update related to pandemic could be shared with parents and guardians of children. We mainly focused on diet, nutrition, yoga exercise, sanitizer, masks, and social distance and gave valuable suggestions. We tried to resolve general and individual problem of children.



Parents meetings in virtual mode

Attended all meetings conducted by National Trust: our NGO attended all national trust meetings during the year conducted on various subjects and titles.

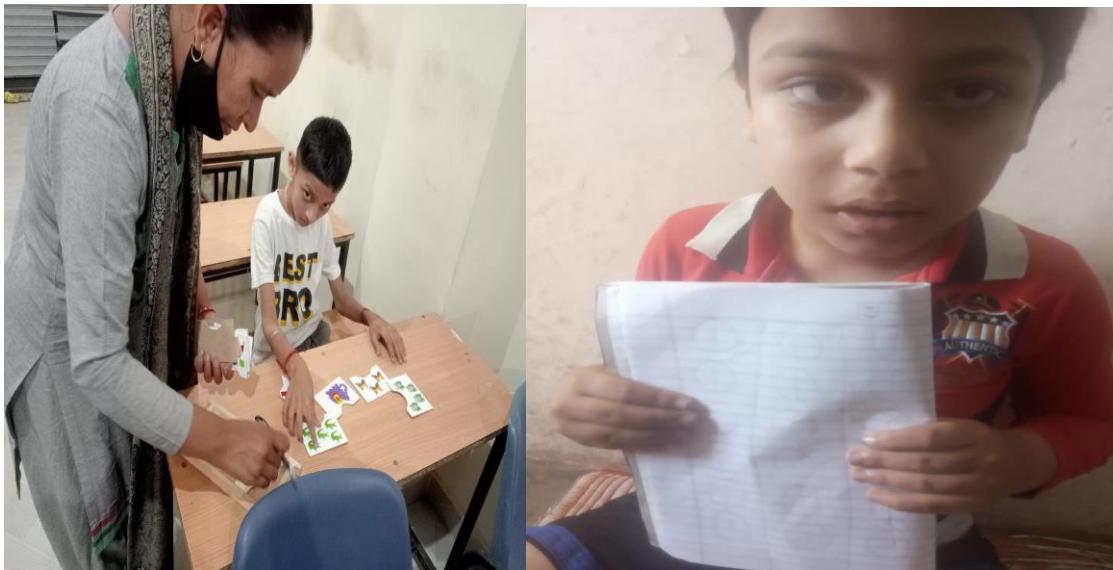
Academic activities Concept Formation: naming and matching, generalization and similarly identification of colors in daily use. Cerebral Palsy patients are given special emphasis as they are unable to handle even a spoon or a glass of water. Physiotherapy exercises teach them to

perform their motor actions with perfection. They are helped in hand functioning, physical, occupational, speech and language therapies, medical intervention, assistive technology and early education.



Children learning and making poster on different titles

Clay Activity, breathing and breezing exercises, neck holding, bowl handling etc are further examples of improving the child's functions. Each child is involved in his/her own capacity and to the extent they can manage.



Children learning academic activities in day care centre

Every year we celebrate festivals like Holi, Dushera, Depawali, Raksha Bhandan, Christmas & New Year. DISABILITY Day is observed on the 3rd of December, we participated in distt. Level function, organized by DIET , Deptt. Of social justice and other stake holders in falcon crest hotel kandaghat (Solan). Our spl. Children, special educators, NGO members took part in this programme in which, sports, cultural activities were organized; experts from different field gave lecture on various aspects of disability for participants. Our Ngo director also gave valuable inputs for parents, guardians and other participants on the occasions. Prizes were distributed for spl. Children and persons doing good job in this field.



Care givers and spl. Educators attending children in homes during covid -19

ACTIVITY NO 3.

Physio/Speech/Occupational Therapy. Aids and Appliances.

Our society has made provisions for different kinds of therapies for all the disabilities under National Trust and PWD Act and experts are called in from reputed center's seeing the number of beneficiaries who can attend the session positively. Parents/ guardians of our CWSN friends are given directions for handling and caring of these special children. We have appointed our own physiotherapist since last from six years on visit basis, But this year most of the activities have to perform virtually.

Aids and appliances in the shape of shoes, creep bandages, bandages, cotton, white cloth, wheel-chairs, hearing aids, walking sticks, spectacles etc are distributed free of cost every year when we organize a special medical camp. Almost for all the aids and appliance we collaborate with the government and nearby NGO's as most of the appliances are out of our financial reach.



Physiotherapy and dental check up of children in our day care centre

ACTIVITY NO 4.

Parents Counseling/ meeting

It is extremely important that we organize one parents meeting once a month wherein all the problems are discussed and solutions found. Sometimes it so happens that the problem is inter-related and so is the answer. These meetings reduce the stress /depression felt by the parents/staff in the process of bringing up these children. Parents also reveal their success stories resulting out of these counseling and these discussions act as a feed back to us which gives us the next step to be organized for the particular child in conversation. In 2020-21 a total of _06_ meetings took place. in this year most of the counseling done through virtual mode due to covid -19 pandemic.



Parents counseling in home during covid -19 pandemic & in centre

Parents are given bus fare from their homes and back. Food, Refreshments and tea are served on all meetings.

ACTIVITY NO 5.

Vocational Exposures

After introducing this activity in the year 2010 in the field of candle making, stitching, making of sweet boxes, paper bags, pickle making , painting, greeting cards making etc and after we had send these to the Ministry of Social Justice and Empowerment and we have a place reserved in

the Delhi Haat for our artifacts to be displayed. Each child goes through a similar procedure or identifying his/her interest to choose a vocation and believe us this process takes a really long time, but after we finally select a vocation to a certain child we stick to improving it in a very slow manner so that the process is thoroughly understood by the beneficiary and he /she makes it his/her ultimate habit. Some of our friends have now converted these vocational educations into small professions.



Vocational activities in day care centre

This year our CWSN friends could not make any contribution, in fact we have sold candles in last year's and the proceeds of which have been put to their respective accounts.

ACTIVITY NO 6.

Yoga Camps.

Yoga helps in making the body system work to its optimum and the mind concentrated for the desired daily activity. Our special educators, during their training, are taught certain asana's applicable to our special children and the same is delivered to the children while making home visits. The same is also practiced at the day care center but only after accessing the child's strength and capability so that no harm comes to the child. This year we were unable to

arrange for a yoga teacher because of its non-availability, therefore our special educators performed as yoga teachers through virtual and during home visits.



Yoga and co-curricular activities of children in day care centre

Besides the usual therapy exercises the parents are also satisfied with certain yogic postures meant for their child only and we hear so many success stories as the child eases his body/ mind tensions and becomes more concentrated in other skills.

In the end session of 2016 we had introduced the “Art of Living” session of Sri Sri Ravi Shankar just on a trial basis but in 2017-2018 it became a real popular aspect with our special needs and normal students kept for inclusion . This concept became so popular in the student circle that these students visit our day centre and teach the special needs children and adults some of the exercises applicable to them.

Now in 2021-22 it is one of the most popular of our activities.

ACTIVITY NO 7.

Excursions/Tours.

due to covid we could not perform this activity due to covid , But in last year’s This year we were able to take our children to excursion or tour to nearby places . We have visited places like Shimla/Chandigarh /solan or a picnic with other normal school children in nearby places We

have also made it a point to take the children to the industrial units and show them how the factory machines function.

ACTIVITY NO 8.

Sports and Co-curricular activities.

For this activity we have a sports ground near to our office in Kunihar which is also a Govt. school. The desired children are taken, sometimes accompanied by a special coach, and taught the games meant to be played at Special Olympics. In the present year 2021-22, National Games were held at, Sonapat Haryana from wherein two of our participants namely Ms. Riya and Mr. Lekhraj in Hand-Ball begged silver medal organized between 15th Nov. to 20th 2021. These two athletes have selected among probable athletes for coming summer world Special Olympics also . in state level two of our participants won Gold in 100 meters and the other won silver in 400 meters race. Lastly in, State trial games were held under Deptt. Of youth and sports here five of our special children were selected to the state games as this was only a trial game competition...**Painting, Poster and Greeting cards** are made by PWD's who have some inclination towards art.





कुनिहार में आयोजित हुए जिलास्तरीय पैरालंपिक ट्रायल

कुनिहार, 15 दिसंबर (संजीत टाकुर) : प्रदेश पैरालंपिक एसोसिएशन के दिशा-निर्देशों के अनुसार बुधवार को गणपति पार्क के खेल मैदान पर आयोजित जिलास्तरीय पैरालंपिक ट्रायल का शुभारंभ हुआ। इस ट्रायल में विभिन्न विभागों से 14 से 40 वर्ष की आयु वर्ग के 35 खिलाड़ियों ने भाग लिया। पैरालंपिक के दौरान लंबी दूरी, लान जंप, हाई जंप, ट्रिपल जंप, शॉट पुट, जैक्सन, गोल्ड फेंक आदि प्रतियोगिताएं शामिल थीं।

हाल में सम्पन्न दिल्ली की राज्य स्तरीय प्रतियोगिता में शामिल होने, जो धर्मशाला में 25 दिसंबर से आरंभ होगी। इन खेलों के दौरान विशेष श्रेणी पर रेफरी राजकुमार पाल डोंगी व सुरमोति सिंह ने उत्कृष्ट प्रदर्शनों के ट्रायल किए। जिला स्तर पर यह पैरालंपिक पहली बार



जिलास्तर स्तर पर पैरालंपिक खेलों में प्रदर्शन करने दिखती।

कुनिहार में हुए। अधिकतर में शामिल हैं कि वह प्रतियोगिताएं स्थिर जाते रहेगी ताकि जिला के विभागों विद्यार्थियों को खेल मैदान पर आसानी प्रविष्टा विभागों का अस्वस्थ मिलना रहे। इस अवसर पर दिव्यांग लोको के लिए निरालोक फिजियोथेरेपी स्थिति का भी असेसमेंट किया गया। जिसमें विशेष श्रेणी पर फिजियोथेरेपिस्ट डा. भुविंसा टाकुर मौजूद थीं। आयोजित

राजकीय टाकुर, गणपति पार्क के खेल मैदान पर आयोजित पैरालंपिक ट्रायल का शुभारंभ हुआ। तमन्ना करण, ज्योति ठाकुर, चंद्रकांत, बालक राम आदि उद्घोषित रहे। वहीं, पर एमेटोस प्रतियोगिता को 100 व 400 मीटर दौड़ में अलंकार कुनिहार प्रथम, नालागढ़ द्वितीय व शरदर नालागढ़ तृतीय रहे। हाई जंप में अलंकार कुनिहार प्रथम, शरदर नालागढ़ द्वितीय, सुरमोति नालागढ़ तृतीय रहे। लान जंप में अलंकार कुनिहार प्रथम, शरदर नालागढ़ द्वितीय, निमल तृतीय रहे। लान जंप छला में अलंकार कुनिहार प्रथम, ज्योति विजल द्वितीय, सुमोति तृतीय। जैक्सन, श्रे में अलंकार प्रथम, शरदर नालागढ़ द्वितीय, प्रमोद सोलन व शरदर नालागढ़ तृतीय रहे। शॉट पुट शरदर नालागढ़ प्रथम, लेखराज कुनिहार द्वितीय, सुरमोति नालागढ़ तृतीय स्थान पर रहे।

Sports activities of children

In this year 2021-22 the special winter Olympic Games were held in Narkanda. Where in Mr Avanish ,an athlete from Ganpati won a silver and one bronze medal in ALPINE SKY and other athlete Ms. Riya I floor ball both are selected for international disability games, to held in Russia kasan but due to war , now it will be organized in other countries .

We participated in district level world disability Day held in kandaghat Solan ,presided by District welfare officer solan , our children more than ten , participated in sports, culture and Painting etc. Chief Guest also appreciated our efforts in field of disability. Our director gave detailed information about activities of the organization especially national trust disabilities and schemes of national trust, LLC etc on this occasion. We also participated in state level world disability day programme held in Mandi. Our five of children participated in different activities including sports.



On the eve of world disability day 3rd Dec. in kandaghat distt. Solan and addressed by our Director Roshan lal Sharma .

ACTIVITY NO 09.

Admissions to Government Schools

In the year 2021-22 our NGO successfully admitted __02__ Persons with Disabilities to government school

Distribution of TLM KITS to Children. : Our Ngo received TLM kits for children with different levels from National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID). We gave detailed training to parents, how to use this TLM so that children could get maximum benefit from these kits. We distributed TLM kits to the children.



Our director is distributing special kits received from National Institute for the Empowerment of Persons with Intellectual Disabilities (NIEPID)

ACTIVITY NO 10..

LLC.

We are the LLC (Local Level Committee) NGO under National Trust wherein the Deputy Commissioner is the Chair person. After the age of 18 the PWD or CWSN has to be given legal protection in terms of land holdings, bank accounts, pensions etc. The beneficiary is named a

legal guardian who is answerable to protect the legal rights of the same. Earlier it so happened that the pensions which came into the account of the beneficiaries were not delivered to them which is also the reasons we see so many Pwd's and Cwsn's on the roads begging for survival. As per law our friends also have the right to land holdings and are divided amongst other brother and sisters, but unfortunately our friends are deprived and they are absolutely unaware of how the law goes, therefore in order to protect their fundamental rights this act of LLC comes into force. Further in our duties we have to revive the old cases and see that the protection given to the beneficiary is maintained and any legal matter arising thereof is solved through a lawyer. This year in 2021-22 a total number of (40) beneficiaries were given the LLC coverage and another (20) reviewed.

ACTIVITY NO 11.

M/R Certification/ Medical Camps.

Ganpati is motivating and counseling peoples for Medical Certification /assessment of children with signs of disability covered under national trust for government District civil hospitals ,where the facility of medical certification is providing along with UDID cards with the help of Medical Department, Welfare Department and local authorities for the purpose of medical certification wherein 15 persons with disabilities were identified and certified.

Activity no. 12:

Medicine for epileptic children and medical checkup.

Our Ngo is providing free epileptic medicine for eight children every month since 2016. We are also providing other common medicine on prescription of concerned specialist in Government hospitals.

Distributions of material to children: